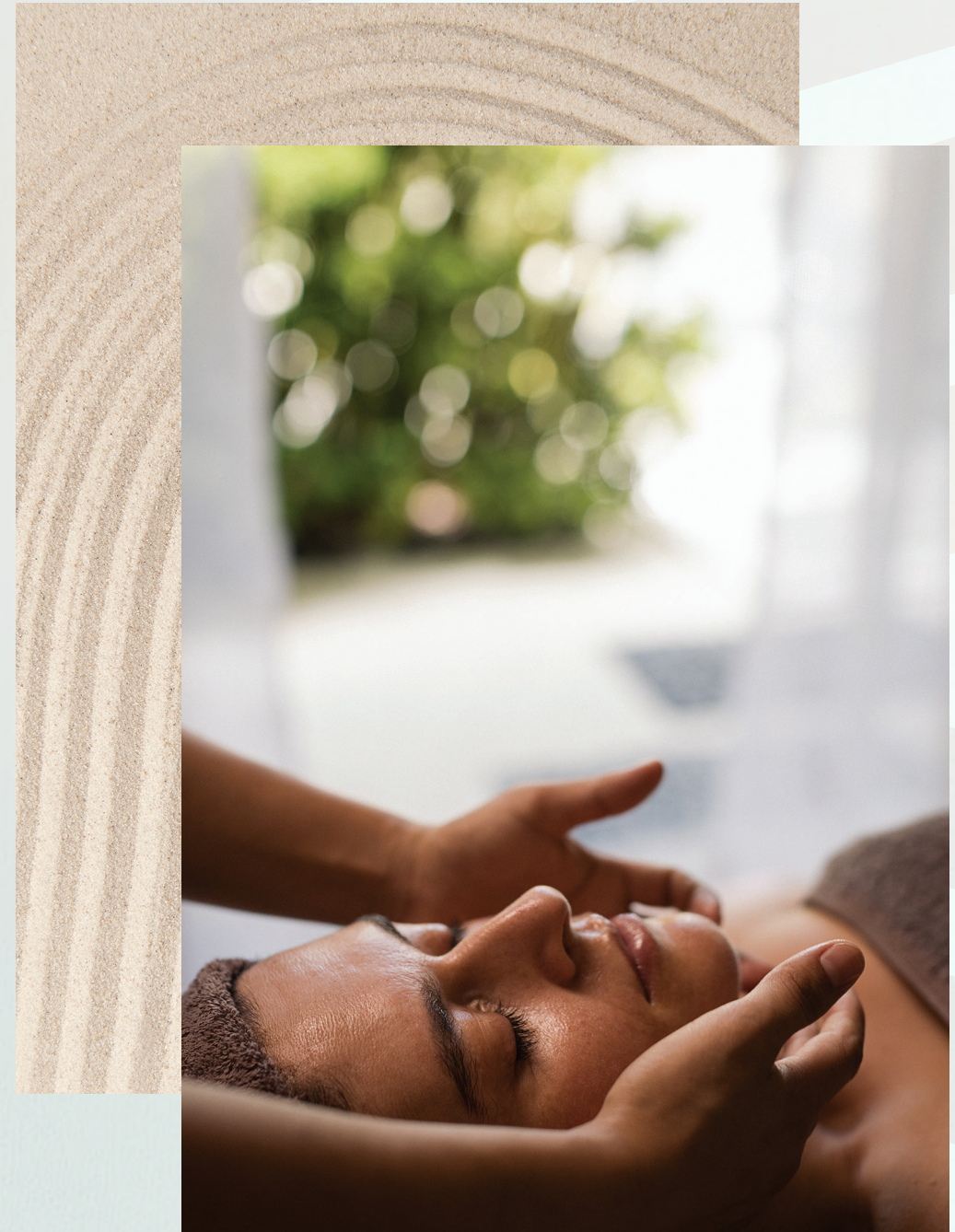


A Maldivian Inspired Spa

True to its roots, Kurumba Spa has been a pioneer in its implementation of traditional Maldivian treatments and herbal products as a part of its extensive range of wellness therapies. With our latest range of traditional Asian therapies and energy healing treatments, Kurumba Spa invites guests to enjoy the feeling of full relaxation while perched above the colourful coral and crystal-clear waters that inspire the spa's healing philosophy.

At Kurumba Spa, we aspire to offer our guests inspiring and enriching treatments to renew their appreciation of life.





Kurumba Spa Journey

Kurumba Romance

A couples' romance treatment includes a coconut body scrub with pink clay body wrap, followed by an aromatic massage to complete your relaxation.

Body scrub	30 mins
Body wrap	30 mins
AA Massage	60 mins

Kurumba Glow

Uplifting and invigorating, our energising treatment is designed to awaken the body and mind. The treatment starts with an intensive full-body exfoliation and a choice of deep massages. We end with an ultimate glow facial suited to your skin type.

Body scrub	30 mins
Deep tissue massage	60 mins
AA Facial	60 mins

Pampering package - 3 days

Day 1	Choice of body scrub: coffee, coconut, or rose	60 mins
Day 2	Full-body massage	60 mins
Day 3	Personalised facial	60 mins

Relaxation Package - 4 days

Day 1	Akarakaraa	60 mins
Day 2	Full-body massage	60 mins
Day 3	Full-body massage	60 mins
Day 4	Personalised facial	60 mins

Tranquil Package - 5 days

Day 1	Akarakaraa	90 mins
Day 2	Full-body massage	60 mins
Day 3	Sunrise or sunset yoga	60 mins
Day 4	Full-body massage	60 mins
Day 5	Personalised facial	60 mins



Maldivian Speciality Treatment

Havaadhu

Detox, Energising Massage
A complete detox treatment recommended to relieve muscular tension and improve blood circulation. This treatment includes an exfoliating herbal scrub of exotic spices and herbs from the Maldives, a heat-stimulating wrap that will aid in detoxifying, followed by a revitalising lymphatic drainage massage. Finally, relax with a detox drink. This enriching experience leaves you with a renewed sense of self.

Body scrub	30 mins
Body wrap	30 mins
Massage	60 mins

Akarakaraa

Oil Massage, Hot Poultice
Our signature massage. This full-body oil massage, especially created for Kurumba Spa, can be tailored to your needs with soft, medium, or strong pressure - whatever you desire. A hot sand poultice, along with our healing signature oil made with local herbs, will leave your skin soft, your mind soothed, and your spirit lightened.

Body massage	90 mins
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Signature Treatment

Kurumba Signature Relax and Sleep

The ultimate massage for your best night's sleep. Carefully applied pressures relieve key areas of tension, whilst the award-winning essential oil blend sedates, calms, and grounds you to induce a serious state of relaxation.

Body massage 90 mins

Spa Under the Stars (for couples)

An experience you will never forget. The stunning setting, surrounded by the lapping Indian Ocean, will have you marveling at the night sky while receiving a gentle, soothing massage. Warm oil, purely extracted from Maldivian coconuts, is applied and massaged with local cowrie shells, which are used to soothe away any tensions. Bubbles or sparkling juice and chocolate-dipped fruits will be served to complement your treatment as we leave you together to wonder at the stars.

Foot massage 30 mins
Body massage 60 mins



Body Massage

Healing Hot Stone Massage

Hot Stone Massage is a therapy to help you relax, ease, and heal tense muscles. This massage uses heated stones to generate energy and create a sense of balance and calm, as well as providing relief to deep-seated muscle tension.

Body massage	90 mins
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Energy Flow Massage

This medium-strong Balinese-inspired massage will boost your circulation and give you a light to medium muscular massage. Acupressure and kneading are two of the techniques used in this relaxing treatment.

Body massage	90 mins
Body massage	60 mins

Aroma Therapy Massage

This hero treatment works on your physical, mental, and emotional well-being. It uses pressures to stimulate the nervous system, Swedish techniques to relieve muscular tension, and lymphatic drainage to encourage circulation. From head to toes, this massage will melt away all of your stress and tension.

Body massage	90 mins
Body massage	60 mins

Revive and Tone Massage

An intensely restorative massage, designed specifically to relieve stiff, sore, and stressed muscles, combining deep tissue massage, stretching, and mobilisation techniques. Black pepper, rosemary, and ginger come together in a blend that warms and relaxes the muscles, supporting the release of lactic acid, while lavender helps provide relief thanks to its anti-inflammatory effect.

Body massage	90 mins
Body massage	60 mins

Thai fusion Massage

An oil-free massage inspired straight from Thailand, sometimes called the Lazy Man's Yoga. The stretches and deep pressure point massage are a perfect gift to the body, leaving you feeling awake and revived.

Body massage	90 mins
Body massage	60 mins

MUM-TO-BE Massage

If you are expecting a baby and are in the second or third trimester, this massage has been specially made for you. The oil and massage techniques have yours and your baby's best interests at heart.

Body massage	90 mins
Body massage	60 mins

Scrubs & Wraps

Kurumba Cleanse

To cleanse with a coconut body buff that effectively and gently exfoliates dead skin cells, moisturises, and nourishes; perfect for all skin types, it will leave your skin feeling softer and nourished with moisture.

Body scrub	60 mins
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Kurumba Radiance

The radiance exfoliation treatment uplifts the spirit and enriches the skin. Skin is exfoliated to a smooth finish and then nourished with a full rose ritual from hair to toe. The treatment begins with guided breathing to aid relaxation, followed by a full-body exfoliation, softening the skin and allowing the layering of rose products to absorb fully.

Body scrub	60 mins
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Kurumba Enrich

This hydrating body treatment uses the best in natural skin care. The Hydrating Pumpkin Body Wrap, loaded with pumpkin and orange peel and packed with vitamin C and minerals, returns your skin to a healthy, hydrated glow.

Body wrap	60 mins
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Kurumba Sun Soother

For sun-damaged skin: A soothing body wrap for sun-drenched skin, using the cooling homegrown aloe vera plant. We finish with Aloe vera moisturiser to make your skin feel cooler and calmer.

Body wrap	60 mins
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Facials

The Ultimate Rebalance Facial

A calming facial designed for stressed skin; this experience encompasses every detail from intuitive aromatherapy inhalation to specialised breathing rituals infused with the power of aromatherapy. The purposeful treatment aims to soothe both the skin and the mind, providing a holistic approach to relaxation and well-being.

Facial	60 mins
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The Ultimate Glow Facial

An invigorating facial meticulously crafted to bolster the skin's inherent defenses and counteract the impact of a hectic lifestyle. The treatment begins with a thorough cleansing and exfoliation, followed by a personalised face massage focusing on the scalp, face, and décolleté, skillfully designed to alleviate tension and enhance circulation. Your skin and mind emerge revitalised, embodying a renewed sense of vitality and well-being.

Facial	60 mins
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The Ultimate Wellbeing Facial

Beyond the ordinary facial experience, this pioneering treatment is dedicated to not only enhancing the skin but also lowering stress levels throughout the body. It is designed to foster a complete reset and repair for both the skin and the mind, offering a comprehensive approach to relaxation and rejuvenation.

Facial	90 mins
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OBSIDIAN
SKINCARE FOR MEN



OBSIDIAN

for Gentlemen

Detoxifying Facial

Designed for the contemporary man, this facial treatment focuses on the face, neck, and décolletage. It integrates thorough cleansing, exfoliation, and a detoxifying mask to eliminate impurities and revitalise your skin. A facial massage using silicone cupping techniques enhances lymphatic drainage, ensuring ongoing nourishment and protection from environmental elements.

Facial

60 mins

Anti-Ageing Facial

Commence with a harmonising facial cleanse, followed by a volcanic perlite exfoliating scrub to clear pores and refine your skin's texture. An enriching mask, infused with powerful botanicals, works diligently to restore and revitalise your complexion. The sculpting face massage with an obsidian stone roller promotes balance, suppleness, and vitality to your skin.

Facial

60 mins

Express Facial

Experience the Obsidian Skincare for Men Express Facial, a condensed treatment that delivers results within 30 minutes. Whether scheduled as a standalone session or as an addition to a massage, this efficient treatment targets essential cleansing, exfoliation, hydration, and rejuvenation. It offers an ideal solution for the modern man on the move.

Facial

30 mins



Margaret Dabbs

Nail, Hand & Foot Therapy

Express Manicure + Pedicure

The Express Pedicure or Manicure is performed on dry skin, with flawless filing, buffing, and cuticle work carried out as part of this indulgent quick fix.

Manicure	45 mins
Pedicure	60 mins

MARGARET DABBS™ Supreme Manicure

A unique anti-aging expert manicure that gives exceptional treatment results, with a focus on treating nails and the cuticles using the award-winning Margaret Dabbs™ London PURE Hands product range. The manicure is finished with treatment mask gloves and a delightful lower arm and hand massage.

Manicure	60 mins
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MARGARET DABBS™ Supreme Pedicure

This luxury pedicure treatment focuses on foot health and returns the feet and toenails to a more youthful appearance. Using the full range of Margaret Dabbs™ London PURE Feet range, this treatment is formulated to transform the way your feet both look and feel, including a relaxing foot and leg massage.

Pedicure	60 mins
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MARGARET DABBS™ Anti Aging Hand Therapy

The Margaret Dabbs™ London Facial for the Hands. This anti-ageing treatment focuses on the skin of the hands. It includes a double cleanse to start, the powerful Hand Mask, followed by serum, oil, and a cream massage to plump, rejuvenate, brighten, and hydrate the hands. This is a perfect treatment to visibly improve the appearance of the hands while repairing and protecting the skin.

Hand therapy	30 mins
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MARGARET DABBS™ Black Leg Masque Treatment

This leg therapy with black mask is designed to relieve the feeling of heavy, tired, and uncomfortable legs. It works to help stimulate circulation and reduce water retention, while providing a cooling sensation to soothe puffy, swollen, fatigued legs that is perfect for jet lag. Legs are left feeling energised and looking beautifully contoured with lasting results.

Legs therapy	60 mins
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Essential add-on

Treat yourself to extra time spent on your favourite or targeted area by simply adding one of the following to your treatment.

Relaxing Scalp Massage

Warm, locally sourced coconut oil is applied to the hair and scalp, followed by a truly relaxing pressure point head massage and upper back massage. The coconut oil is a superb conditioner for the hair. It restores lustre and acts as a protective barrier from the sun and seawater.

Head massage

30 mins

Back, Neck and Shoulder Massage

This specialised massage treatment is particularly recommended for tense, aching muscles and joint discomfort in the back, neck, and shoulders. Traditional aromatherapy pressure points focus on the spine – to release major physical and emotional tension. The kneading, wringing, and deep frictions – physical movements to get the blood flowing, warm up the area, and assist drainage.

Massage

30 mins

Reflex Zone Massage

Specialised massage techniques ease swollen legs and ankles, and the pressure on reflexology points on the feet promotes metabolic function and elimination of unwanted toxins, leaving you feeling refreshed and energised.

Foot reflexology massage

30 mins



Spa Etiquette

ARRIVAL TIME

Please arrive 20 minutes prior to your appointment to complete your holistic health assessment form. Arriving late for your treatment will limit the time available for your spa service, thereby lessening its effectiveness and your enjoyment. Your treatment will end at the scheduled time to accommodate the next guest's appointment.

CANCELLATION / NO-SHOW

In consideration of other spa guests, we request that you provide at least four hours' notice if you are unable to keep your appointment. Please call the Spa team, who will be happy to assist you with rescheduling.

AGE REQUIREMENTS

Treatments require a minimum age of 14. Children under the age of 14 are permitted only when accompanied by their parents or guardians.

HEALTH CONDITIONS

Please inform us of any health conditions, allergies, or injuries that could affect your service prior to your treatment. Allow the Kurumba Spa team to guide you in selecting the most suitable treatments for you.

AMBIANCE

The Kurumba Spa environment is one of tranquility and relaxation. To maintain this atmosphere, we ask that you speak quietly and switch mobile phones and other electronic devices to silent mode.

SMOKING

The entire spa is a smoke-free zone; smoking is not permitted anywhere within Kurumba Spa facilities.

Kurumba Spa is open daily from 09:00 to 20:00.

To make a reservation, please call extension 461 or visit us at Kurumba Spa.

